



## TRIPLE P POSITIVE PARENTING PROGRAM **FALL 2022 CLASSES**



The Positive Parenting Program will provide parents with strategies to raise confident and healthy children, build strong relationships, manage misbehavior, and prevent problems from happening in the first place.

Classes meet via Zoom on Tuesdays from 10:30 am to 12:00 pm OR from 6:00 pm to 7:30 pm. Class topics vary - choose one or as many as are relevant to you.

## FOR PARENTS OF CHILDREN 0-12 YEARS OLD

Sept. 20th - The Power of Positive Parenting

Sept. 27th - Raising Confident, Competent Children

Oct. 4th - Raising Resilient Children

Oct. 11th - Dealing with Disobedience

Oct. 18th - Managing Fighting and Aggression

Oct. 25th - Developing Good Bedtime

Routines

0-12 CLASSES REGISTER AT: https://go.wisc.edu/393m9z



Scan with your smart phone camera

## FOR PARENTS OF TEENS 12-16 YEARS OLD

Nov. 1st - Raising Responsible Teenagers

Nov. 8th - Raising Competent Teenagers

Nov. 15th - Getting Teenagers Connected

Nov. 22nd - Coping With Teenagers' Emotions

Nov. 29th - Getting Teenagers To Cooperate

Dec. 6th - Reducing Family Conflict

TEEN CLASSES REGISTER AT: https://go.wisc.edu/97nf94



Scan with your smart phone camera

**Classes Facilitated By:** 

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