

Why Education?

Co-parenting families have a unique set of challenges. They also have opportunities to build resilience.

When parents separate or divorce, children must often adjust to new arrangements, like moving between households, or living with a single parent or caregiver. Sadness and anger can be normal during this time. However, with support, children can thrive.



Caught in the Middle:

Common situations when children feel caught in the middle:

- Carrying messages to the other parent
- Loyalty conflicts caused by “put downs” of the other parent
- Dealing with money matters
- Being quizzed about the other parent’s life

On-going conflict can interfere with this adjustment. **Conflict between co-parents after separation or divorce is not healthy for children and is associated with poor outcomes.**

The Successful Co-Parenting class

helps parents learn skills for reducing conflict and supporting children through difficult times.

You can find ways to co-parent effectively and help your children transition toward a healthy future.

How to Schedule

Participants must register directly with UW– Extension.

**ASHLAND COUNTY RESIDENTS CALL:
(715) 682-7017**

**BAYFIELD COUNTY RESIDENTS CALL:
(715) 373-6104**

711 for WI Relay (TDD)

If you are required to take this class related to divorce or mediation, the class must be completed prior to your final divorce hearing or mediation session.

Instructor permission is required for both co-parents to attend the same session. Both must agree that attending together is in the best interest of their children and will enhance their learning.

Note: Only registered students will be contacted in the event of a schedule change or class cancellation. Registration is not complete if not made through UW-Extension.

Payment Information

Fee: \$25 per person. Cash or checks accepted in advance or at time of class. Make checks payable to:

Bayfield County UW-Extension

(If paying in cash, please bring exact amount. We are unable to make change at the class.)

Is there an online option?

An online program *Children In Between* (\$69.95) may be approved on a case-by-case basis. Contact the Clerk of Circuit Court in your county to request.

Successful Co-Parenting

Education for Divorcing or Separated Parents

JUNE-DEC, 2019



Extension
UNIVERSITY OF WISCONSIN-MADISON

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2019 SCHEDULE, JUNE—DECEMBER

Successful Co-Parenting

Month	Date	Day	Time	Location
June	18	Tuesday	5:00—8:00pm	Ashland County Courthouse
July	15	Monday	1:00—4:00pm	Bayfield County Courthouse
August	19	Monday	4:30-7:30pm	Ashland County Courthouse
Sept	12	Thursday	Noon—3:00pm	Red Cliff Health Center
October	17	Thursday	9:00—Noon	Ashland County Courthouse
November	20	Wednesday	3:00-6:00pm	Bayfield County Courthouse
December	12	Thursday	Noon—3:00pm	Ashland County Courthouse

"I've used the information from the co-parenting class a lot. I can't control what my ex says or does but I can control what I say and do."

— Participant



Locations:

Ashland County Courthouse,
201 West Main Street, Ashland
Third Floor - Jury Room No. 1
(Enter from north entrance)

Bayfield County Courthouse,
117 East Fifth Street, Washburn
Lower Level - Conference Room A
(Follow posted signs to class location)

Red Cliff Community Health Center
36745 Aiken Road, Red Cliff
Community Room

"This class was very helpful in understanding communication with co-parenting."

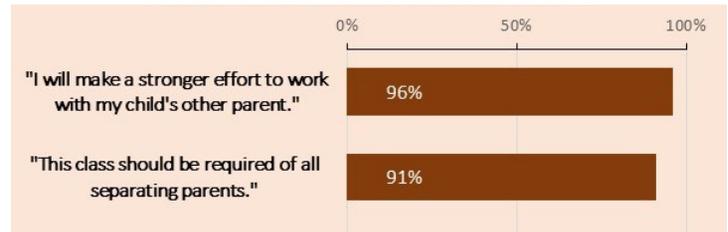
— Parent participant

Parents will...

- Become aware of the impact of family conflict on children.
- Learn ways to support children during difficult times.
- Develop and practice new skills for positive interactions with their ex-partner.
- Understand the importance of managing their own stress to support their children.



Parents who have taken the class say...



Ashland & Bayfield County participants 2014-2017

"Excellent program. Opened my eyes to my kids' point of view and the importance of a joint effort for my kids' benefit."

—Parent participant



Parents consistently report they find the class more useful than other sources of information related to co-parenting, including friends, relatives, books and the Internet.