



HCE Newsbrief

Spring - 2018

A Communication for Bayfield County HCE Members



Cooperative Extension • University of Wisconsin-Extension • PO Box 218 • Washburn, WI 54891
Phone (715) 373-6104 http: www.uwex.edu/ces/cty/bayfield 711 (Wisconsin Relay)

Swingin' Into Spring!

I have really enjoyed the many articles and front pages I've written for News brief over the years. I am extremely sorry to say this will be my last article.

We are moving back to Illinois after 30+ years in Wisconsin.

Last year, Nova did a program on downsizing, I wish she had done that at least a year before and that I had listened and followed her advice.

The last few months, all I have been doing is going through drawers and closets. I have to condense my belongings from an 8-room house to a 1-bedroom apartment.

The scariest thing here is the basement, and we haven't even started that yet. I am surprised that I haven't had nightmares about "The Stuff".

I have accumulated an awful lot of material items. It is so very difficult to get rid of 90% of your stuff. It is especially difficult when you hear, "Do you use it?" or "Do you really need it?" The last time my daughter was here "to help", I called my son-in-law and told him to come and get her. (He didn't.) So far we are still speaking, but there is still a ton of stuff to go through.

Once we are moved down there, we'll be closer to family which will be nice. We still have a couple more rooms to go through, then the basement. And then we will be on our way. :(

In the meantime, enjoy spring if and when it gets here, and all the HCE get-togethers.

I will miss all my HCE Friends! I hope everyone has a great Easter and a great spring and that we can sneak back for a visit sometime.

Elaine Adams

Thank You, Elaine! We will all miss you and are so grateful for your sense of humor, your years of service & commitment to HCE!

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Spring Calendar



April

- 1HAPPY EASTER!
- 1HCE Member of the Year Nominations due in the Extension Office
- 1Scholarship applications due for Ardith McDowell International Scholarship
- 4.....Cable HCE Meeting
- 11Bookworms™ Cable
- 11HCE White River Meeting, Delta Town Hall,
- 13Reservations due for Douglas County HCE Craft Day
- 16The Joys & Sorrows of Shade Gardening-Great Lakes Visitor Center—6 pm
- 19Northwest District Spring HCE Meeting—Roberts, WI
- ??.....Bookworms™ White River
- 22Scholarship Breakfast, White River, Delta Town Hall—8am—Noon
- 23HCE Executive Board Meeting - 10am - Rustic Roost, Iron River
- 28Douglas County HCE Craft Day, Mission Covenant Church—Poplar, WI
- 30Blood Mobile- Cable Community Center—12:30—6:30 pm

May

- 8.....Bookworms™ White River
- 8Bookworms™ Cable
- 7White River HCE Meeting
- 13HAPPY MOTHER'S DAY!
- 28Memorial Day Observed (courthouse closed)
- 31Impact of HCE & "On the Move & In the Groove" forms due

June

- 1Newsbrief Articles Due—White River
- 6.....HCE Achievement Day - St. Michael's Catholic Church, Iron River, WI
- TBA.....Cable HCE Meeting**
- 13White River HCE Meeting
- 17HAPPY FATHER'S DAY!



Achievement Day & Lesson Day June 6th, 2018*

Date changed from Program Book

Achievement Day and Lesson Day have traditionally been held separately and in the springtime (April and May). Due to scheduling, this year these two events, as well as the Cultural Arts competition, will be held together. They will all be held on June 6, 2018 at the Cable Community Center.

The Cable HCE group will be hosting.

Registration information is in this Newsbrief.

The luncheon will be potluck. Bring a main dish to pass.

"Learning About Strokes"

The topic for Lesson Day is "Learning about Strokes". Some of us have personal experiences with strokes, whether it's a family member or our selves. When the medical news says strokes "sneak up", they mean it. And when people recover, what's next?

A discussion of symptoms and probably causes will follow up the presentation.

Everyone is invited to this Lesson Day.

Cultural Arts

There is a light blue form in this Newsbrief with all the entry classes listed. Fill it out and bring it with your entry on June 6th to the Achievement Day/ Lesson Day held at the Cable Community Center.

Entries from White River, can give their items; with the blue sheets filled out, to Glory Bizub before the end of May.

Cultural Arts Judge— Diana Randolph

Diana Randolph has agreed to be the judge for our Cultural Arts Entries.

Diana Randolph of Drummond, has been a professional artist since graduating Northland College with an art major in 1979.

She creates note cards and landscape paintings with pastels at her home studio, Once in a Blue Moon Studio. She also

teaches classes for adults through Cable Natural History Museum, Northland College's Lifelong Learning program and WITC in Cable and Hayward.

She also writes and is author of Beacons of the Earth and Sky, paintings and poetry inspired by the natural world.

Her studio on Blue Moon Road will be open Aug. 10 to 12 during the CHARAC art crawl. It's also open by appointment. For more info and to see her work please visit www.dianarandolph.com.



Diana Randolph in her studio.

HCE Springs Into Action

2018 WAHCE State Conference ~

September 17, 18 and 19, 2018

The Country Springs Hotel ~ Pewaukee, WI 53072

Circle the date -- September 17, 18 and 19, 2018. We invite you to join us in Pewaukee, on the edge of Milwaukee to see how "HCE Springs Into Action". Registration information available May 1st.



We are planning wonderful tours and enlightening workshops to enhance the joy of being with our fellow HCE members from Wisconsin. The Southeast District is working hard to make it happen.

To make reservations for The Country Springs Hotel -- Reservations can be reached 24/7 at (262) 547-0201.

Just mention the dates or group: WAHCE (Wisconsin Association for Home & Community Education) September 17-19. There are rooms reserved for Sunday night, September 16 if you plan to come in then, plus Monday and Tuesday night.

See you in Pewaukee! (There's a pool, a sauna, and a whirlpool, so bring your swim suit! Waterpark tickets are extra).

Donna Zarovy, Conference Chair -- 262-857-7502
Chris Werner, Conference Co-Chair -- 262-857-3458

Room Rate: \$99 (1-2 occupants) \$10 each additional occupant.

Scholarship Opportunities

Memorial Leadership Scholarship (\$200)

This scholarship is available to WAHCE members only for registration to a leadership program. The member may use the scholarship for leadership opportunities attended during the previous years and / or to upcoming leadership opportunities- including WAHCE State Conference. The application should include a copy of leadership opportunity attended and /or registration for the current year WAHCE State Conference. The application is due June 30.



Ardith McDowell International Scholarship (\$250)

This scholarship is available to WAHCE MEMBERS only, for travel to a WAHCE supported international project, including attendance at NVON or CWC Conferences or ACWW Triennial. It may be received only once every three years, and is to be used for travel expenses. The application is due June 1, 2018 to the Scholarship Chair.

Applications for **both scholarships** are in the WAHCE web site: www.wahceinc.org. Please send these applications to the scholarship chair : **Rose McGrath, Scholarship Chair, N8890 Big Island Road, Berlin, WI 54220**



Take A Walk

Nova Kane

Take a walk in the Chequamegon forest and you might see birch, maple, poplar, pine trees, lupines, and trilliums.

Take a walk in the Sonoran desert and you might see palo verde, prickly pear, saguaro, cholla, and more.

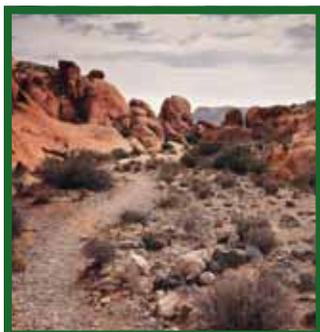


On your walk in the forest, you might see a deer, squirrel, chipmunk, wolf, or maybe a bear.

Take that walk in the desert, and you might see a roadrunner, quail, javelin, scorpion or maybe a rattlesnake.



These are my two places to walk. You find a place and walk. You will feel good, and enjoy nature.



How to Store Leftovers



Keep foods out of the "danger zone".

This is a temperature where harmful bacteria can grow. Harmful bacteria can make you very sick.

Keep cold foods cold. Store in the refrigerator.
Below 40 degrees F

Keep hot foods hot when serving.
Above 140 degrees F



Store foods in clean, food-grade containers.

Cool leftovers in the fridge in a container less than 3 inches deep. A standard 13 x 9 pan works well for cooling. Once cooled, you can repack in clean containers and refrigerate or freeze.

Make sure you reheat foods well.

To 165 degrees F



On stovetop: soups, sauces and gravies should reach a rolling boil.



In microwave: cover and rotate foods for even heating.



After a meal, put leftovers in the refrigerator as quickly as possible.

Foods should be refrigerated within two hours.

Eat leftovers promptly.

Storage times for the fridge

Below 40 degrees F

	Raw meats like hamburger and chicken	1-2 days
	Soups, stews, cooked meats, salads, pizza and other leftovers	3-4 days
	Lunch meat (opened packages)	3-5 days
	Bacon and hot dogs (opened packages)	1 week

For best guidance, look at food package dates. Unopened items that are kept cold should be good at least until the date marked on the package. Opened items may spoil more quickly and should be used promptly.

References:

"Storage Times for the Refrigerator and Freezer" [foodsafety.gov](https://www.foodsafety.gov/keep/charts/storagetimes.html)
Retrieved 9/8/2017

"Handling Leftovers Safely" Michigan State Extension
http://msue.anr.msu.edu/uploads/recordings/pdfs/Handling_Leftovers_Safely_JE32601.pdf, Retrieved 9/8/2017

FoodWise education is funded by the USDA Supplemental Nutrition Assistance Program - SNAP and Expanded Food and Nutrition Education Program - EFNEP. SNAP/FoodWise helps families buy the food they need for good health. Visit www.foodwise.gov to learn how to apply.

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9/8/2017

FOOD WISE
Healthy choices, healthy lives.

UW Extension
University of Wisconsin-Extension



Bayfield County Home & Community Education, Inc.



**Achievement /Lesson Day
June 6, 2018**

Cable Community Center—Cable

9:30—10:00am..... Registration; Set-up; Check-in Cultural Arts (CA) Entries
10:00—1:00am..... CA judging by Diana Randolph
11:00—12:30..... “Strokes” Shared Personal Experiences
12:30—1:00pm Lunch
1:00—1:30 pm Awards
1:30 pm Adjourn



**Luncheon is Pot Luck.
Bring a main dish to pass.**

REGISTRATION DEADLINE: May 18th
Call the UW-Extension Office at
715-373-6104 ext 0

Attention all HCE Members!

Start or finish, just get 'er done! I'm referring to all those special cultural arts projects that will be judged **June 6th**. Entry form enclosed. *Glory Bizub, White River HCE*



**American
Red Cross**

**Please
Give
Blood.**

Cable Area HCE will be hosting the blood drive on **April 30, 2018** at the **Cable Community Center from 12:30 until 6:30**. The Cable Area ladies will provide refreshments for the donors, as well as serving lunch for the Red Cross workers.

Healthy Lifestyle

HCE Family and Community Life will focus on all members being active, eating healthy, and local food as a state-wide activity. The five question survey will cover 13 weeks. This survey replaces the "On the Move and In the Groove" form which has been used for several years.

Compile the results for your county using the form, being sure to include the name, address, phone number, e-mail address (if available) and name of county. Individual surveys may also be sent if there is no county coordinator.

In 2017, 30 counties participated in the "On the Move and In the Groove" with the most points reported by Kewaunee, Brown and Waukesha counties. Congratulations to all who participated!

Please mail all 2018 survey results by June 15, 2018. Counties with the greatest percentage of members participating will be recognized at the WAHCE Conference in September. These results are also used in a report given by the Wisconsin HCE President at the NVON Conference in July.



Questions may be emailed to Veronica Sustar as ya914@yahoo.com, or call her at 608-847-1140. Tallied County Surveys or Individual Surveys need to be mailed to Veronica by June 15, 2018.

International News for 2018

Please read the 2018 International plan in the Communicator which you received in your counties in December. It includes the 25 cents we are asking each member to donate this year for the women of Haiti. With the donation raised in the Silent Auction, they are beginning to form a learning center. It is only in recent years that the young girls are having an opportunity to attend school. The adult women are in need of instruction in good nutrition, the value of cleanliness and safe water, etc. This is another way we are working on the "Zero Hunger" incentive. The quarter from each member will fund this learning center for another year. Make sure you discuss the use of the money and that it goes through **Ventures in People** who will be monitoring it and reporting back.

I recently received a letter from Barb Seefeldt, one of the women who spoke to us at the International workshop at conference last September, thanking us for the donation to Ventures in People. Our donation this year is funding six students in elementary school. It also helps fund English teachers for the children and adults.

The NVON water filters are still being delivered and installed. The most recent shipments were to Puerto Rico. NVON does the monitoring of this project and we can depend on the filters getting to people who are in real need.

Money was also sent to Wisconsin Nicaragua Partners from the Silent Auction. They always need money to pay for shipping, but we also donated money to purchase things in Nicaragua which eliminates the work and cost of shipping.

Your county interest in International projects is great and very generous. I and the International Committee appreciate all you do.

Lylene Scholz, WAHCE International Committee Chair



See Pages 12 & 13 for additional information.



▲ *Bakeware, socks, flip flops, pill containers & other items collected by White River HCE members for WI/Nicaragua Partners*



▲ *Cotton shift dresses made for Nicaragua by White River HCE.*

White River HCE filled with Heart!

The White River HCE group packed up Valentine gift baskets for the friends, neighbors, and family, that need some cheering up and visits. This is an annual project that we do with love.



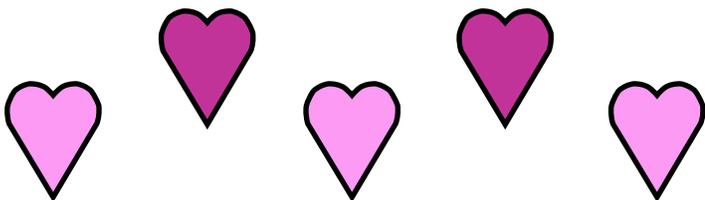
◀ HCE basket packers.



▲ The Ino Valley 4-H club helped by frosting cookies for the White River HCE Valentine gift baskets.



▲ Beautiful baskets filled with great goodies, yummy treats.



Putting cookies and treats into bags. ▶





Wisconsin Association for
Home and Community Education, Inc.

HCE Healthy Lifestyle Survey

(formerly On the Move and in the Groove)

Get moving and eat healthy with HCE members across Wisconsin. Please reply to this five question survey about maintaining your healthy lifestyle between February 18 and May 12, 2018.

Name (optional) _____

County _____, Wisconsin

1. Which activities do you usually participate in weekly? Check all that apply.

- | | | | |
|--|---------------------------------|---|---------------------------------------|
| <input type="checkbox"/> walking | <input type="checkbox"/> hiking | <input type="checkbox"/> running | <input type="checkbox"/> dancing |
| <input type="checkbox"/> bowling | <input type="checkbox"/> biking | <input type="checkbox"/> spinning | <input type="checkbox"/> rowing |
| <input type="checkbox"/> swimming | <input type="checkbox"/> skiing | <input type="checkbox"/> tennis | <input type="checkbox"/> exercise DVD |
| <input type="checkbox"/> Tai Chi | <input type="checkbox"/> yoga | <input type="checkbox"/> Strong Bones class | |
| <input type="checkbox"/> Other (please list) _____ | | | |

2. How many times a week are you usually active for ½ hour or more?

5 or more 3 or 4 1 or 2 zero

3. Do you exercise alone or with a group? Explain _____

4. How many ½ cup servings of fruits or vegetables do you usually eat daily?

8 or more 5-7 1-4 zero

5. How much of your diet is raised, grown or made within 100 miles of you?

Most About half Some Very little Unsure

Questions? Email Veronica at va914@yahoo.com or phone **608-847-1140**. Tallied County surveys or individual surveys need to be mailed by June 15, 2018.

Send results to: VP Family and Community Life, Veronica Sustar
N2894 Overgaard Road
Mauston, WI 53948

Spring District Meeting



Registration: 9:30am (refreshments provided)

Meeting: 10:00am

Registration Fee: \$10.00

Speaker: Eunice Hop (Cranes & Japan)

Directions: South from New Richmond - turn West/Left on Hwy 12. Turn South/Right on N Division St. (Holiday Gas station on corner). Turn Right/East on Maple (go around curve, next building past post office)

**SEND REGISTRATIONS TO:
STEPHANY BOURDON**

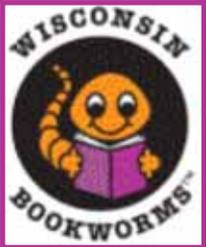
1870 80th St., Balsam Lake, WI 54810

Name: _____

Address: _____

District: _____

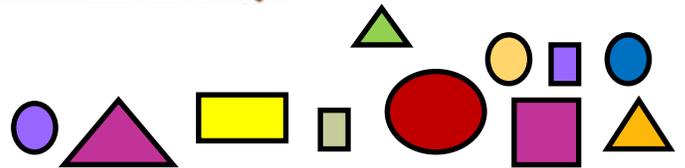
* Send this with your registration fee to Stephany - DUE APRIL 5 *



Bookworms™:



The Children enjoyed making ◀ Duck masks and Bear masks ▶ as an activity for the story, ▲ “Bear and Duck” read by Teacher Aimee



◀▼ The children at Smiling Faces Preschool in Iron River enjoyed working with shapes as an activity for the Bookworms™ reading of “The Shape of Things” by Nancy Craig. ▼





Impact of HCE -- 2018 HCE Club Member Contribution Report



To recognize the achievements and contributions of HCE members, each member is asked to complete the following sheet. Information will be compiled into an "Impact of HCE" Report. The dates for the report for 2018 are June 1st 2017 to May 31st 2018. Please give your reports to your Club President or your County so they can be compiled. **Counties will put everything together on the County Form and send to Veronica Sustar, WAHCE Vice President for Family and Community Life by June 10th 2018. Thank You!**

Contact information (will not be shared, for record keeping only)

Club Member's Name: _____

County: _____

Club: _____

In the past year please indicate the number of times you attended and the amount of time you gave for the following:

Event	# Attended	Time Spent
County HCE Executive Board Meetings	_____	_____
County HCE Spring Event(s)	_____	_____
County HCE Fall Event(s)	_____	_____
County HCE Educational Sessions	_____	_____
HCE Club Meetings	_____	_____
HCE District Meetings	_____	_____
HCE State Meetings	_____	_____
		TOTAL _____

Please list any fundraising activities you were involved with on behalf of HCE.

(example: bake sale at the bank for HCE))

Fundraising Activity	Time Spent
1. _____	_____
2. _____	_____
3. _____	_____
	TOTAL _____

Please list any community outreach activities that are directly related to HCE.

(example: Bingo at the nursing home for HCE))

Community Outreach	Time Spent
1. _____	_____
2. _____	_____
3. _____	_____
	TOTAL _____

Please list the value of any **individual donations** (monetary or otherwise) you made for HCE.

Note: Club donations will be obtained from Club Treasurer. (Example: crocheted baby blanket for HCE)

Donations	Estimated Dollar Value
1. _____	_____
2. _____	_____
3. _____	_____
	TOTAL _____

Options for where to drop off donated items for Nicaragua, see reverse side for details. Financial donations to assist with the cost of shipping are welcome. Thank you.

W/NP Office

Nelson Hall, Room 129
 1209 Fremont Street
 Stevens Point, Wisconsin
 Phone: (715) 346-4702
 Email: wnp@uwsp.edu



W/NP Warehouse

2139 North 2nd Drive
 Stevens Point, WI 54481
 715-630-1750
 Call Bob prior to arrival
 If other than Packing Day



Wisconsin Nicaragua Partners Warehouse
Warehouse Packing Days 9am - 'til done
3rd Thursday of month
(March—December)

The 3rd Thursday of the month is dedicated to receiving, packing and sorting donations at the W/NP Wisconsin Warehouse. All are welcome to stop out or simply join in the noon pot luck social. great place to spend your lunch break.



Throughout the year, volunteers are on the look-out for helpful resources (*in good condition of course*) that can be shared with our counterparts in Nicaragua to help support a variety of projects. (examples: educational supplies, sewing machines and supplies, fabric, sports equipment, bookshelves and tables.) The objective is to help improve quality of life, vocational options, income, self-sufficiency and empowerment for people living throughout Nicaragua. Residing in a developing country, resources can be scarce, so with the cooperation of many people it is possible to share what we have with those most in need.

Thank you for thinking carefully about what is donated, see page 2 for ideas. Your help is greatly appreciated by



many!!

REDUCE – REUSE- RECYCLE

Wisconsin/Nicaragua Partners
 Room 129 Nelson Hall, UWSP
 Stevens Point, WI 54481
 715-346-4702
<http://wnp.uwsp.edu>

As you come across items no longer being used and **are still in good condition**, please consider our counterparts in Nicaragua that could put your items to good use.



What might you have that could be useful?

- Carpentry tools
- Backpacks
- Clean stuffed animals
- Gardening tools
- Bicycles
- Sewing Machines

(in working order. if unknown, contact us to arrange for consult from sewing machine repair expert)

No computers, electronics or medical items please

Wisconsin/Nicaragua Partners of the Americas (W/NP) has been actively implementing programs in Nicaragua for over 50 years. W/NP brings together volunteers – citizens of both countries getting to know each other, working to find solutions to common problems, leveraging international and local resources, and providing technical training.

Will my donations get there? Absolutely, every box is labeled, inventoried and has a specific destination. Our dedicated staff members in Managua provide regular shipping reports and comments from recipients such as the one below:



Example: "Sonia is the leader of a Learning Center (LC) from Managua. She received 3 boxes of sewing supplies and a table. She is making shorts, ladies blouses and bags with the sewing materials. These products are sold in her neighborhood and the funds raised are to be invested in the purchase of new materials and supplies for the LC so they can continue working and being sustainable. The reason that made her become part of the LC's of WNP was to learn different skills and multiply them in her community to help other women. She has had the opportunity to receive three different courses and feels so happy of the fact she is 61 and continues to learn. Thanks to WNP for the supplies donated, greatly appreciate it!"
 - Mirna, Managua Office, Nicaragua

Donations from Wisconsin support a broad range of project activity as illustrated below:



HUMANITARIAN ASSISTANCE

- Fire truck Shipments
- Disaster Relief
- Shipping Projects

WOMEN & FAMILIES

- Learning Centers (62)
- Chica Nica Doll Dresses
- Vocational Training
- Community Education
- Lending Libraries
- Opening Doors Project
- Farmer to Farmer
- Small Kitchen Gardens



HEALTH

- Eye Glass Distributions
- Stove Project
- Community Water Projects

CULTURAL DIVERSITY

- October Bike/Hike event
- Travel Tours
- Arts & Crafts Sales
- Cultural Festivals
- Annual Golf event



Questions? Contact W/NP
wnp@uwsp.edu or 715-346-4702



YOUTH

- Scholarships
- Youth Ambassadors
- Backpack Project
- Sports Initiatives

2018 HCE Craft Day

Saturday, April 28, 2018 – Mission Covenant Church

Registration: 9:30 a.m. AM Class 10 – 12 Lunch 12 – 1 PM Class 1 – 3

Registration fee: \$5.00, includes salad luncheon

Registration deadline: April 13, 2018

Morning Classes:

M1 – Let's Go Painting ~ Class fee \$15

Teacher: Cecelia Zambori

Will teach you how to paint the Flowers in a Mason Jar in acrylics. All supplies provided.

[class size: 5-20]



M2 – Bottle Cap Pendant with Alcohol Ink ~ Class fee \$10 Teacher: Jo Mersnik

Let's continue making jewelry with Alcohol Ink: a brooch, 2 necklaces, 1 gift tin and a magnet using 2 different techniques. All supplies provided.

[class size: 4-8]



M3 – String Art ~ Class fee \$25

Teacher: Julie DeMeyer

Let's make a wall decoration with wood, nails and string. We can make a group of hearts, stars, birds, arrow, state of Wisconsin, or a beautiful cross. (see pictures on previous sheet) All supplies provided

[class size: 8-50]

M4 – Ceramic Dragonfly ~ Class fee \$7.00 Teacher: Glory Bizub

All supplies will be provided to paint a ceramic dragonfly for hanging in your window at home.



ALL DAY CLASS:

All Day – Muffin Basket ~ Class fee \$25

Teacher: Pam McGraw

Let's make a muffin basket. Basket measures 12" long by 7" wide. Will take both class sessions to complete. Items to bring: tape measure, pencil and spray bottle.

[class size: maximum 10]



Afternoon Classes:

A1 – Let's Go Painting ~ Class fee \$15

Teacher: Cecelia Zambori

Will teach you how to paint the State of Wisconsin in acrylics. All supplies provided.

[class size: 5-20]

A2- Bottle Cap Pendant with Alcohol Ink ~ Class fee \$10

Teacher: Jo Mersnik

Same as M2

A3 - String Art ~ Class fee \$25

Teacher: Julie DeMeyer

Same as M3

A4 - Ceramic Kitty ~ Class fee \$4.00

Teacher: Glory Bizub

All supplies will be provided to paint a ceramic Kitty. Choose from several poses.





2018 HCE Craft Day

Saturday, April 28, 2018 – Mission Covenant Church
 Registration: 9:30 a.m. Classes from 10:00 am ~ 3:00 pm
 Registration fee: \$5.00, includes salad luncheon
Registration deadline: April 13, 2018



Name: _____
 Address: _____
 City, state, zip: _____
 Phone: _____ Email address: _____

choice		<u>Morning Classes</u>
	M1	Let's Go Painting - Flowers
	M2	Pop Cap Necklace w/Alcohol Ink
	M3	String Art
	M4	Ceramic Dragonfly
	All Day	Muffin Basket

choice		<u>Afternoon Classes</u>
	A1	Let's Go Painting - Wisconsin
	A2	Pop Cap Necklace w/Alcohol Ink
	A3	String Art
	A4	Ceramic Cat

Please mark first and second choices for morning and afternoon classes.

Make check payable to: **Douglas County HCE**
 Mail check and registration form to: Donna Bergsten, PO Box 315, Poplar, WI 54864

Only mail your \$5.00 registration fee to above address, class fees will be collected in each class.

HCE Newsbrief

University of Wisconsin-Extension
Bayfield County Office
Courthouse, P.O. Box 218
Washburn, WI 54891

Check us out on the web! <http://bayfield.uwex.edu/>

HCE Newsbrief

An HCE Communication for Bayfield County Members

Editor: Liz Lexau
Bayfield County Family Living Educator

Design & Layout: Theresa LaChappelle
Office Manager



"An EEO/AA employer, University of Wisconsin Extension provides equal opportunities in employment and programming, including Title IX and the Americans with Disabilities Act (ADA) requirements."

UW
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715-373-6104
711 for Wisconsin Relay (TDD)

Liz Lexau
Family Living Educator

Jason Fischbach
Agriculture Agent

Matt Cogger
Horticulture Educator

Ian Meeker
4-H Youth Development Educator

Donna Ganson
4-H Program Assistant &
FoodWise Nutrition Educator

TBD
Community Development Educator

Support Staff:
Theresa LaChappelle
Office Manager

Karen Swanson
Support Staff

**Wisconsin Association for Home & Community Education, Inc.
Cultural & Textile Arts Show
2018 Guidelines for County Chairs**



ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2018. Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show. A County may enter a total of 12 entries plus one Bonus Category 19. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

IMPORTANT: All entrants MUST sign the Registration form. Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work.

Color Coding of Registration Forms by Districts:

Central – White	Northeast – Yellow	Northwest – Light Blue
Southeast – Green	Southwest – Orange	West – Pink

Entry Day: Deliver items Sunday (9/16/18) from 6:30-8PM or Monday (9/17/18) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show for one hour after the Monday evening activity and during the day Tuesday, September 18, 2018. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: **Linda Sutherland**
1594 5th Avenue
Star Prairie, WI 54026
715 248-7279 or 715-338-9214
tagalongacres@yahoo.com

Contact Linda with any cultural arts questions.

Cut on the dotted line and send in the **SIGNED** completed Registration Form and Claim Check **with both parts filled out.** You will receive your Claim Check when you bring in the items.

Registration Form

Category/Class (example 2D) _____
 County _____ District _____
 Name (print) _____
 Address _____
 City/Zip _____
 E-mail _____
 Phone # _____
 Title or Description _____
 Are you bringing an easel? Y or N

Claim Check

Category/Class (example 2D) _____
 County _____ District _____
 Name (print) _____
 Address _____
 City/Zip _____
 E-mail _____
 Phone # _____
 Title or Description _____
 Are you bringing an easel? Y or N

Peoples' Choice # (Official use only) _____

Please read and sign: Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Signature: _____ County _____ Date: _____

Wisconsin Association for Home & Community Education, Inc.
Cultural Arts Show & Contest – 2018 Categories



1. Painting/Drawing

Framed or Wrapped. If bringing an easel for your painting or drawing, securely tape a label with name, district and county.

- A. Oil
- B. Acrylic
- C. Water Color
- D. Alcohol Ink
- E. Other

2. Photography

Photograph must be 8" x 10", unmounted only, in 8½" x 11" plastic sleeve with a tag board or cardboard behind the photo. Framed photographs be disqualified.

- A. Color–Landscape
- B. Color–Waterscape
- C. Color – Plants
- D. Color – Animals/
Creatures
- E. Color – People
- F. Color – Skyscape
- G. Black and White
- H. Other

3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Sewn Item
- F. Purse or Tote
- G. Pillow
- H. Sewn item made from recycled materials
- I. Wearable Accessory (*apron, scarf, hat, etc.*)
- J. Other

4. Knitting

- A. Wearable Item
- B. Afghan
- C. Other

5. Crocheting

- A. Wearable Item
- B. Doily/Dresser Scarf
- C. Afghan
- D. Other

6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Counted Cross
Stitch
- D. Other

7. Craft

Six (6) Cards without envelopes MUST be mounted as a group on a flat sturdy display board no larger than 14" x 22".

- A. Cards–paper only-6
- B. Cards–mixed
media-6
- C. Scrapbooking
- D. Craft made from
recycled materials
- E. Handcrafted
doll/toy
- F. Glass craft
- G. Other

8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Original published
book
- J. Other

9. Bed Quilt

Larger than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand quilted
- C. Pieced
- D. Appliqued
- E. Embroidered

Machine Quilted

Professionally:

- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other Bed Quilt

10. Lap/Baby Quilt

Smaller than 60" x 80" or 4,800 sq inches

- A. Tied
 - B. Hand-quilted
 - C. Pieced
 - D. Appliqued
 - E. Embroidered
- Machine Quilted*
- F. Pieced
 - G. Appliqued
 - H. Embroidered
 - I. Any other lap quilt

11. Quilted Wall

Hanging (with hanging sleeve, NO frame) -- One (1) item only no longer than 50 inches

- A. Hand Quilted,
fabric
- B. Machine Quilted,
fabric
- C. Other i.e., - collage
of assembled
materials or mixed
media

12. Table

Topper/Runner

- A. Hand Quilted
- B. Machine Quilted
- C. Other

13. Jewelry

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

**14. Constructed
Original Item**

- A. Clay/Pottery
- B. Wood
- C. Other

15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Other

**Poem, Non-Fiction,
Fiction**

Three copies, typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book form. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a", "an", and "the" for either essays or short stories.

16. Poem

17. Non-Fiction

Original, 1 topic; 250-500 words

18. Fiction

*Original with beginning, middle and end
3,000 words or less*

**19. Bonus Category –
"Spring Into Action"**

The Fun Category

Limit of one entry per county. Create a display of your choice.

You may use any media to construct your entry

Size restriction - base no larger than 10"x10" with maximum height of 20"

Judging - those attending will vote for their favorite "Spring Into Action" entry

Have Fun!!!

**STATE
REGISTRATIONS
DUE BY:
AUGUST 1, 2018**