



4-H Family Newsletter



Cooperative Extension University of Wisconsin-Extension
P.O. Box 218, Courthouse, Washburn, Wisconsin 54891
Phone (715) 373-6104 FAX (715) 373-6304

December 2015

Dear 4-H Families:

Now that you have enrolled for the 2015-16 4-H year, you may be asking the question **“Now what do I do?”** The answer varies depending on your role in the 4-H program.

For Project Leaders: You should start by setting a date for your first project meeting. 4-H Project Leaders should plan on leading 4-6 project meetings. You can ask either your club organizational leader or the 4-H office for a list of members enrolled in the project and communicate to them the meeting date, time and place. 4-H project literature to support your work is available free of charge from the UW Extension office. There is also a vast network of resources available on the Internet, as well as our public libraries. If you would like help printing resources online or have any project related questions, contact either Ian or Donna at the 4-H office. We are also your link to the greater University System and in many cases there are resources available beyond 4-H literature like videos and lesson plans.

If you find educational material from books or the internet that you would like to use for your project meeting, we can print these materials at the 4-H office.

4-H Members and Parents: Do you know the name of the 4-H project leader for the projects your son or daughter has enrolled in? If not, ask your club leader and if there is not a project leader for a project they enrolled in, call Ian or Donna in the Extension office and we can help you determine if a neighboring club has a project leader that has room for you to participate in their meetings. If there are no project leaders available, think about someone in the community that has skill or experience in this area and ask them if they would consider becoming a 4-H Project Leader. Adults in the community do not have to be certified 4-H project leaders if there is a certified 4-H project leader present at the project meetings.

Wishing you and your family a wonderful holiday season,

Ian Meeker
4-H & Youth Development Educator
Bayfield County
ian.meeker@ces.uwex.edu

Donna Ganson
4-H Program Assistant
Bayfield County
donna.ganson@ces.uwex.edu

“Success in 4-H is like a bank account. What you get out of it is directly related to the work you put into it.”

December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CANSKI Gear Checkout	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 ← Courthouse Closed →	25	26
27	28	29	30	31 Courthouse Closed		

- ## December
- 1..... CANSKI HS/MS Gear Checkout - Ashland High School, Racing 5:30-7:30pm
 - 6..... Market Sale Meeting, Iron River Community Center
 - 15..... Fly Tying at Bretting Comm Center
 - 24..... Courthouse Closed
 - 25..... Courthouse Closed
 - 27-28 .. CANSKI Race Camp
 - 31..... Courthouse Closed

January 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 CANSKI Gear Checkout	8	9
10	11 Leader Orientation	12 CANSKI Rec Skiing begins	13	14	15 Winter Camp	16
17 Winter Camp	18 Leaders Assoc Meeting	19	20	21	22	23
24 31	25	26	27	28	29	30 Summit Race

- ## January
- 7..... CANSKI Elementary and Adult Gear Checkout - Ashland High School, 5:30-7pm **(this is the final gear checkout)**
 - 11..... New Leader Orientation 6:30pm, Courthouse in Washburn
 - 12..... CANSKI Recreational skiing begins
 - 15-17 .. 4-H WINTERCAMP, Delta WI
 - 18..... 4-H Leaders Association Meeting, Eileen Town Hall (AERC), 7 pm
 - 30..... Mt. Ashwabay Summit Race

New 4-H Project Leader Orientation

**January 11, 6:30pm
Courthouse, Washburn**

All new 4-H project Leaders need to attend a New Project Leader Orientation meeting to become a certified 4-H Leader.

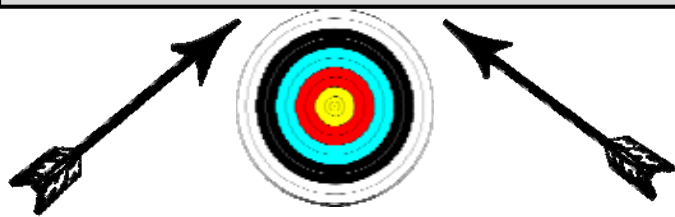
Congratulations to all newly elected 4-H Club Officers!

Secretaries and Reporters: After you've taken your club's meeting minutes and notes, don't forget to send them to the 4-H office so we can publish your club news in the 4-H Newsletter. We welcome pictures and stories at any time. Newsletters are published every other month, mid - January, March, May, July, September, and November.

2015 Awards and Recognition Dinner

Thank you to all who helped make this year's event happen!

- **Verne Gilles, Pat Shields** and **Kim Pearce** for taking care of all the food and facility details
- **Glory Bizub and Anna Fridsma** for coordinating the Silent Auction
- **Pam Stadler, Kim Pearce,** and **Pat Shields** for their help serving the meal and cleaning up in the kitchen
- **Kim Pearce** and members of the **Woodland Workers 4-H Club** for setting up and decorating, and everyone who lent a hand when it was time to clean up.
- Everyone who attended and helped recognize the work and accomplishments of our youth and adult leaders



2016 Winter 4-H Youth Archery for Ashland & Bayfield Counties

- Who:** Kids 10 to 18 years old
- Cost:** \$15
- Dates:** Mondays, February 1st – March 21st
(8 week series)
- Time:** 6pm – 7pm Archery 1
7pm – 8pm Archery 2 (For kids who have taken 4-H archery before!)
- Place:** Bretting Community Center Gym
(Ashland Parks & Rec), Ashland, WI

To register call the UW-Extension Office at 715-373-6104, ext. 249)

Certified instructors will teach archery safety and proper shooting technique, as well as, lessons on equipment and maintenance. All equipment is provided, or bring your own. Archery 2 will cover more advanced shooting technique and mental discipline for those who are ready to take their shooting ability to the next level.

Did the Dog Chew Up Your Premium Check?

*Don't be blue
If the urge to chew
Has come over your pup
Keep you chin up!
Nothing can be read
It is a pile of shred
Pieces are so small
There is nothing at all
Not even your name,
This is so LAME.
It is far from the end
A new check can be penned.
Contact the Fair Office
Don't be shy, don't be cautious.
We are here to help,
Just give us a yelp!*



Really, if your dog has chewed up your check, or it has gone through the wash or you have lost it, please contact Theresa at the Bayfield County Fair—

715-373-6125x7 or
thefair@bayfieldcounty.org

We can possibly get you a new check. If your check goes uncashed for too long (for whatever reason) your name and monies will go into the State of Wisconsin's Unclaimed Funds account.

Fly Tying with Wild Rivers Trout Unlimited



December 17: 4 – 6 pm
December 13: 2-5 pm

Ages:3rd Grade and Older

Where:Bretting Community Center Game Room

Cost:\$3

To register call: 715-682-7059

Go global with 4-H International immersion programs in 2016!

Interested in exploring all the world has to offer? If so, 4-H International programs are for you! Here is your chance to learn about the world by immersing yourself in daily life as a member of a family in a different country. By participating in a homestay instead of traveling as a tourist you'll have the opportunity to learn about the country's culture from an insider's perspective, evolve as a global citizen, quickly adapt to new situations and ways of communication, and develop friendships and memories that will last a lifetime.

If you're a 4-H youth 12 or older, you can apply to participate with other 4-H'ers from around the U.S.



to live for a month next summer with either Costa Rica 4S, Norway or South Korea 4-H, or Japan Labo or LEX families. Japan also offers an optional additional month of intensive Japanese language training.

Wisconsin 4-H partners with States' 4-H International Exchange Programs where advance preparation and safety are top priorities. All 4-H international delegations are accompanied by carefully selected and trained 4-H volunteer or staff Adult Advisors who support youth delegates to ensure that they have a positive experience.

Visit <http://wi4hinternational.org/> for additional information and an application. Applications are due to the Wisconsin 4-H International Programs office December 1, 2015. Questions? Contact wi4hinternational@gmail.com or call 608-262-2491 or 608-262-1557.

Farm Broadcaster Pam Jahnke looks to Feature 4-H



Wisconsin Farm Broadcaster Pam Jahnke would like to promote 4-H over the next year by featuring interviews with 4-Hers, volunteers and staff. She is not interested in agriculture only – she is interested in stories from kids and adults who have benefitted from 4-H, and that means traditional club members, after school program participants, at-risk youth, first gener-

ation families, Upham campers, and anyone else who has a 4-H story to tell.

This represents an awesome opportunity to share what 4-H does and how wide our impact is.

Pam has been added to our newsletter mailing list and will contact educators when she sees something that sparks some interest.

Pumpkin & Sunflower Contest

GIANT Pumpkins

LARGEST Sunflower Heads

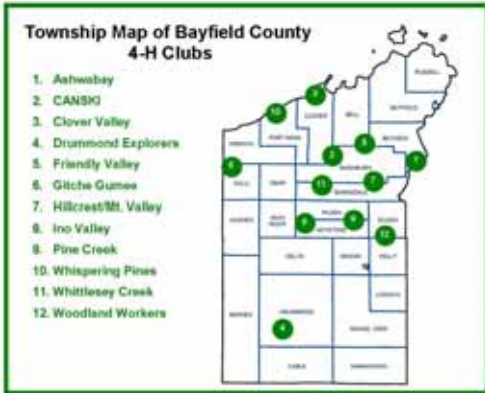
Cloverbuds	
Beau Mesik.....	82 lbs.
Grades 3-5	
Brielle Mesik	86 lbs.
Grades 6-9	
Seth Johnson.....	76 lbs.
Adults	
Caloney Mesik	68 lbs.

Beau Mesik.....	14-1/2 inches
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Tallest Sunflowers

Beau Mesik.....	10 feet, 10 inches
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Club Corner



Friendly Valley 4-H Club

This October we did many things. First we had our October meeting. At the beginning, Deanna Yost talked about time banking. Time banking is when people are helping other people. We also had officer elections, made truffles, and talked about our year's calendar.

Some members sailed a tall ship. While sailing, we got to steer the ship. We also helped out on the ship by doing things such as putting up the sails. The weather was perfect! Thank you Mr. Ruberg!

Some of us (not me) attended the ghost walk tour and a soap making demo.

A few members were at the 4-H banquet. Kelsey talked about Washington, D.C. Some of us received county awards. I liked the food.

At the end of the month, we had our annual hayride and potluck at the Rusch's. We welcomed new members and were reminded to complete our enrollment forms. We also played fun games and had a quick meeting.

Our theme this year is food. It should be a busy and scrumptious year!

*Friendly Valley Club Member
Brian Maki*



▲ Friendly Valley members sailing
▼ on a tall ship!



Gitche Gumee Halloween Carnival a big undertaking and a big success!

6)

Gitche Gumee 4-H Club

Fall has been a busy time for the Gitche Gumee 4-H club. We kicked off the season with a hayride around our community. The weather was perfect and the company even better. A big thank you to Adam Landwehr and Steve Laakso for driving wagons for us.

Our next adventure was a trip to the roller rink in Superior. We had a great time with lots of laughter and fun games.

Our Halloween Carnival was a big undertaking and resulted in lots of wonderful memories. We were very fortunate to receive donations from multiple area businesses. We had a great time and through the hard work of many members and leaders we were able to offer a safe, fun & exciting night for many people in our community and the surrounding areas.

Enrollment for the upcoming year is off to a great start. Don't miss out on all the great opportunities that await...make sure your paperwork is turned in!

Looking ahead...Winter is on its way! Christmas Caroling has been scheduled for December 6th. We will also be having a record book

(Continued from page 5)

work day on January 31st at the Workshop. All members should consider taking advantage of this great opportunity. You'll receive tips and pointers on filling out your record books and keeping them up-dated and organized.

Submitted by Lucie Landwehr, club reporter

Ashwabay 4-H Club

Secretary Report: November 1st meeting

President: Anna Edmunds
Vice President: Laurel Shanks
Secretary : Pooja Geisen
Treasurer: Oscar Mulligan

Go over last years events
Elect officers
Plan for the following year
Ways to promote 4-H

Fundraising:

Concessions sale at visitor center
sleigh show thing Middle school dance
Communication: email and Facebook

November: Thanksgiving food drive Monday 16 - Sunday 22

December: holiday party (@courthouse?)
Hosts: Motifs/Kouba

January: fundraiser for ski trip in March

February: ice skating
Hosts: Hinsons

March: ski trip

April: rec center activity
Hosts: Geisens

May: beach clean up
Hosts: Shanks

June: camping trip?
Abby Roads in June or July?

July: triathlon
Hosts: Meekers

August: beach swimming and recruitment
Hosts: Mulligans/with PTO

September:

October: 1st meeting of the year and planning for the year of 2016

Submitted by Pooja Geisen, Secretary

Ino Valley 4-H Club

Election of officers was held. New officers are:

President Meghan Kurilla
Vice-president Laeken Ramsey
Secretary Kamsinah Zuelch
Treasurer Kaydence Zuelch
Reporter Skyler and Terra Ramsey
Photographer needs to be filled

The meeting was called to order by president Meghan Kurilla. Pledges said by all.

Roll call taken. Minutes were read from the October 10th meeting we had during the Whistle Stop.

Treasurers report read. Motion made to accept by Meghan, seconded by Andrew Brandis.

Old Business:

The enrollment meeting was held at the Great Lakes Visitors Center. Discussed future activities such as Whistle Stop, Firemans' Dinner, Halloween party, and entries at the past Bayfield County Fair.

Whistle Stop: great turn out from members to help set up and pass out water, Gatorade and, candy and bananas for runners. A large banner with Ino Valley was hung up, and also an American flag was stretched across the trail. The next day the club helped at the Firemen's/ Ambulance Dinner at the Benoit Area Community Center.



Ino Valley Halloween party goes!

The Halloween community event was discussed. Ideas and improvements were noted for next year.

New Business:

Fundraising ideas were discussed. We decided on having a Tupperware fund raiser. We earn 40% of total sales. The sales will begin as soon as the books come in, And go till December 6th, orders will be in before Christmas .

Our Christmas party was discussed. We will go to Splashland and are checking on the date. Cookies will be distributed to family and friends who need cheering up. Everyone bring 2 dozen cookies to the party.

Our December Human Kindness project will be about the Homeless shelter in Ashland. Other possible events. Having a garage sale in the summer of 2016..

Meeting adjourned by president Meghan Kurilla, seconded by Kamsinah Zuelch. Members made Carmel apples.

Next meeting date December 6th , at the Jessica and Eric Brandis farm. Activity will be making Christmas ornaments.

Respectfully submitted
Kaydence Zuelch

Friendly Valley 4-H Club

On Sunday November 15 Friendly Valley 4-H group met at Walmart and filled shoe boxes in 5 groups with 19 kids and 10 adults. We made three girls boxes and two boy boxes. In the boxes there were different clothing things, hard candy, some toys and school supplies. We filled the shoe boxes for kids in need over in different countries. There was some kids who have done it before and some who have never done it before. Jurnie Shimko said "that it was really fun and cool being able to serve those in need". Everyone enjoyed it and had a good time serving and sharing with those who need it.
By Chasidity Shimko



WhittleseyCreek members attended the First Friday Dance (L to R Blessing Reto, Promise Kreinbring, Grace Kreinbring, Rebecca Reto)



Geocaching adventure included crossing the stepping stones to get behind the waterfalls!

Whittlesey Creek 4-H Club

The Whittlesey Creek club met Nov. 7, 4 pm at the Barksdale Town Hall. The meeting was called to order by President Autumn Pully. Minutes of the previous meeting were read and approved. The Treasurer's report was given. Balance as of last meeting was \$588.51, this month is \$576.18.

Pledges were led by Promise Kreinbring. President Autumn Pully motioned to accept Secretary Promise Kreinbring's report. Grace Kreinbring seconded this motion. Promise Kreinbring made a motion to accept the Treasurer's report. Makayle Majetich seconded this motion.

The club also talked about the club picnic at the Topside camp and Sarah Pully handed out year end awards to people who didn't get them at the picnic. A motion was made by Blessing Reto to have club pay enrollment dues and insurance. Promise Kreinbring seconded this motion.

At next meeting member will make

cards for residents at Court Manor and afterward the club will go caroling. Melissa Voldberg will make up sheet music for singers.

Christine Beeksma made an announcement that she would start a Horse Bowl team. Anyone interested talk to her. Sarah Kreinbring seconded this motion.

Next meeting will be at the Court Manor at 1 pm, Dec. 5.

*Submitted by Promise Kreinbring
Club Secretary*



"The proud Geocachers!" (L to R are Grace Kreinbring, Avana Beeksma, Levi Kreinbring.

Where's Chris Clover?!

Can you guess where this photo was taken?

The Whittlesey Creek 4-H Club challenges other clubs to travel Bayfield County with Chris, taking photos along the way and making the rest of us guess where he's been. Answers can be submitted to the 4H office via email or phone. A small prize will be awarded to the first two correct answers and winners announced in the next newsletter. (Whittlesey Creek members not eligible this time around :)

Geocaching with Whittlesey Creek

By Avana Beeksma, age 9
Whittlesey Creek 4-H Club

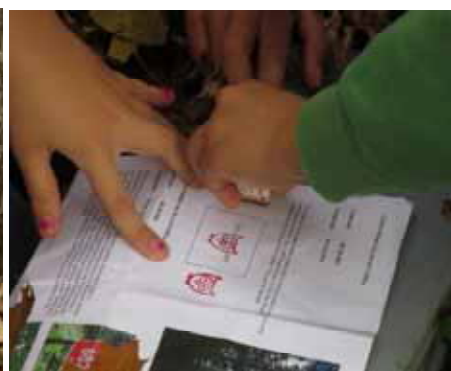
On October 10, 2015 my 4-H club, Whittlesey Creek and I went geocaching at a long and skinny lake and where you can walk behind a waterfall. It took us a long time to even FIND the waterfall, but after we got there it was pretty easy going. The lake was harder to find because it was very close to where we parked but we took the long way into the woods instead of towards the beach, where the geocache box was hidden.

To find a geocache box you put coordinates into a handheld GPS unit. Each place has its own latitude and longitude coordinates. It took us one or two hours to find each box. We borrowed the GPS unit from Ian, who works at the county 4-H office. We had met at the Barksdale Town Hall at 1:00 p.m. Saturday and we ended around six o'clock p.m.

The best part about geocaching is finding the box and writing your names on a notebook that is in the box, so other people know you have been there. It was fun to go to the waterfall because we could hop on stepping stones across the creek to get to the other side and play in the red sand. Geocaching is also fun because you get to discover places you didn't even know were there! The geocaches we found were hidden by the 4-H office.



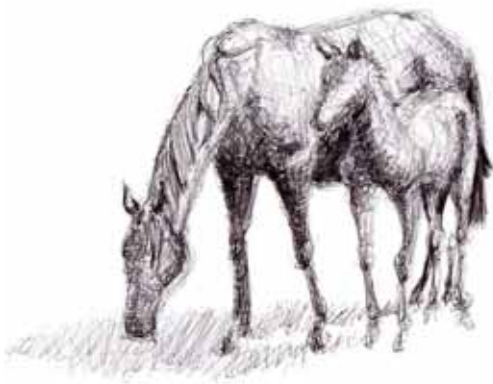
Promise Kreinbring, Avana Beeksma and Levi Kreinbring "sign in" after having found the Lost Falls geocache.



Providing Thanksgiving Dinners for local families in need

For the third year in a row the Ashwabay 4-H club collected cash donations at the Washburn IGA to provide Thanksgiving dinners to local families in need. Through generous community support, the club met their goal and also provided a cash donation to the BRICK food shelf in Ashland.

The Thanksgiving shoppers (L to R) Oscar Mullikin, Sean Meeker, Ede Maziasz; Bridget Motiff, Ryan Meeker, Reed Edmunds, Teddy Geisen, Pooja Geisen and Anna Edmunds.



Horse Bowl and Hippology

Are you interested in learning more about horses? Have a horse, don't have a horse, it doesn't matter. We are starting a horse bowl/hippology team(s)!

Horse bowl and hippology is an opportunity to learn about many subject areas pertaining to horses, (colors, breeds, anatomy, feeding, care, parts of equipment, etc.) We will be meeting throughout the year and exploring different subjects and testing our knowledge in a fun game atmosphere.

For those who are interested, there will also be an opportunity to compete with other 4-H horse bowl teams at Education Days at UW Marathon in May. (You do not have to compete to be part of our group)

If interested please call, Christine Beeksma 715-682-8333, Whittlesey Creek 4-H Club or contact the 4-H office.

Bayfield County Fair
August 11-14, 2016

Cedar Crest Create and Name Ice Cream Contest!

Cedar Crest Ice Cream and the Wisconsin 4-H Foundation have teamed up once again to present a "Create and Name the 2016 4-H Ice Cream Featured Flavor" contest for Wisconsin 4-H clubs and groups. The winning group will receive a Cedar Crest Ice Cream Party and a \$300 cash prize. In addition, the winning flavor will be produced during June Dairy Month 2016. Contest entries are due December 1.

"This contest is a wonderful opportunity for 4-H'ers across the state to work together and implement all facets learned through 4-H, like teamwork, creative thinking and effective communication," says Jim Reid, president of the Wisconsin 4-H Foundation. "We appreciate the continued partnership with Cedar Crest and their commitment to 4-H youth of all ages."

This is the fourth year of the partnership. The winning flavor in last year's contest was Big Muddy, developed by the Friendly Valley 4-H Club. Dykesville Dolphins 4-H Club crafted the centennial flavor Udder Delight. The inaugural winning flavor was CranRaspberry Cheesecake, created by the Sunnyside Climbers 4-H Club.



Entries in this year's contest will be evaluated by a panel of judges chosen by Cedar Crest's staff. The winning flavor will be available for sale summer 2016. Cedar Crest currently manufactures over 80 flavors of ice cream at its Manitowoc facility, and distributes product in five states. Many of the flavors now produced by Cedar Crest Ice Cream were created through prior competitions like the contest now open to Wisconsin 4-H clubs and groups.

Use the official contest entry form to enter your flavor, or learn more about the Cedar Crest Create and Name the 2016 4-H Ice Cream Featured Flavor contest!

Inquiries regarding the contest should be directed to Kay Schmit, Marketing Manager at Cedar Crest Ice Cream, at 800-877-8341.

In addition, the 4-H Featured Flavor will be promoted on Cedar Crest's and Wisconsin 4-H Foundation's Facebook pages. Everyone is encouraged to tune in and follow the progress.

County Van Available for 4-H Program

Bayfield County 4-H has access to an 8-passenger van. This van is available for club and project leaders once they have completed a short drivers certification program. The process for using the van will include reserving the van at least a week in advance and having a driver available who has been certified by the county. This certification will cover defensive driving techniques, a background check on their driving record and a drive in the van. If you foresee a way you can utilize this resource please call the office to arrange a training.

2016 4H



Art Lab

January 29 at 6:00 pm
to January 31 at 11:30 am

4-H Camp Upham Woods
Wisconsin Dells WI

Statewide 4-H Arts Workshop
Open to Adults and Teens
(Grades 9-12)

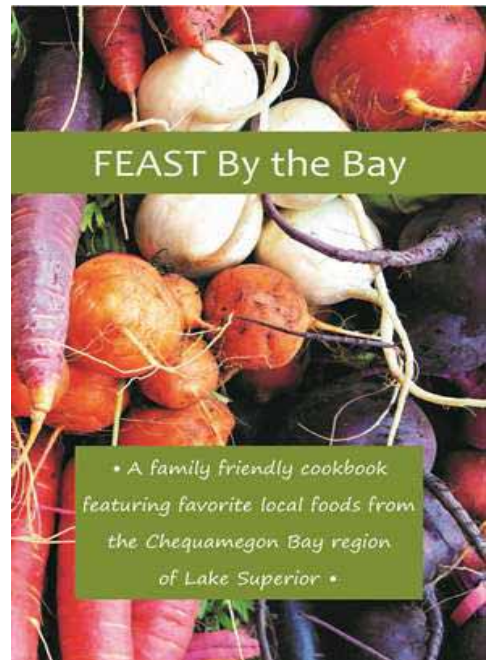
Cost: \$80.00
Registration Deadline:
January 8, 2016

Take the challenge and join us for our annual 4-H Art Lab! Scheduled for a weekend in January at Camp Upham Woods in the Wisconsin Dells!

Explore the art form that interests you the most! Participants will also work together in large groups for team building and sharing.

Why not get a group of youth and adults together from your county for a weekend of ART!

<http://fyi.uwex.edu/wi4harts/files/2014/05/Art-Lab-Brochure-2016.pdf>



Looking for new ideas for family meals that you can cook with your kids? Check out www.FEASTbythebay.org for all of the local recipes that are included in this Chequamegon Bay community cookbook! (recipes are found under "Traditions")



Ceramics Classes Offered

Classes will be held on Thursday evenings, 6:30 - 8:00 pm. at Glory Bizub's ceramics studio; 20020 US Hwy 2, Ashland. All supplies are available for purchase onsite from Glory.

There are 10+ different categories; whatever pieces are selected, will be slotted into different categories for the fair. When more than one item is done in a single category, the member picks their best piece to enter. How many items made is up to the member; one or two will give a good start into the world of the ceramics project.

Any questions, call Glory Bizub at 715-746-2311.



Gina Emily, Key Leader for Arts & Crafts, Sewing, Felting, and Crocheting would like to offer her expertise in these projects to kids in all Bayfield County clubs.

If you have a group that would like to learn some of these skills, you can contact Gina and see what you can arrange.

Her number is **715-742-3663**, or email ginascd@gmail.com. Gina

Bayfield County 4-H Older Member Awards

Congratulations to these 4-H members who participated in the Older Member Award interviews in August and Sept. and earned the following honors and award trips.

Community Service Award

George Tuttle
Joe Tuttle
Alexis Nestel

Young Entrepreneur Award

Joe Tuttle

Northern District Winter Camp

Joe Tuttle
George Tuttle
Evelyn Sanda
Ryan Meeker
Teddy Geisen
Mitchel Hinson
Kelsie Shields
Nicole Lupa

Bayfield County Adventure Trips

Joe Tuttle
George Tuttle
Evelyn Sanda
Alexis Nestel
Bradley Kubik
Ryuan Meeker
Teddy Geisen
Mitchel Hinson
Anna Edmunds
Autumn Pully
Kelsie Shields
Nicole Lupa

WI 4-H & Youth Conference

Joe Tuttle
George Tuttle
Evelyn Sanda
Ryan Meeker
Teddy Geisen
Autumn Pully
Anna Edmunds

American Spirit Trip

Kelsie Shields
Nicole Lupa
1st Alt: Anna Edmunds
2nd Alt: Alexis Nestel

Ambassadors (continuing)

Autumn Pully
Anna Edmunds
Reed Edmunds
Kelsie Shields
Nicole Lupa



2015-16 Bayfield County 4-H Club Organizational Leaders Thanks to all new and returning volunteers!

Ashwabay

Mary Motiff
Colleen Geisen

Clover Valley

Roger Branham

Drummond Explorers

Andy & Kelli Tuttle

Friendly Valley

Pat Shields

Gitche Gumee

Peggy Golly
Cindy Luzzatto

Hillcrest-Mt. Valley

Candy Webb

Ino Valley

Glory Bizub
Angie Jarecki

Pine Creek

Kathy Huybrecht

Whispering Pines

Susan Ostrenga

Whittlesey Creek

Sarah Pully

Woodland Workers

Verne Gilles

Discount Patterns from Simplicity and McCalls

McCalls & Butterick Patterns are available for you to order online. There are lots of great patterns to pick from for only \$1 each. This offer is open to 4-H Clothing Project members and leaders only.

Go to

www.sewcoolinschool.com.

You can create a student account and then e-mail your selected patterns to Donna and she will place the group order.

You can use the same process to order **Simplicity & New Look** patterns. Go to www.simplicity.com, scroll down to "Classroom & free projects" on the left, then go to "teaching kit." When that page opens, click on the blue tab that says "US Teacher's Shop", then click on "patterns" on the top left. That will open the page of "\$1 patterns you can order. Write down the pattern numbers and sizes you want and send them to Donna who will place the order.



Attention 4-H Club Treasurers & Leaders

As you are probably aware, keeping good club treasury records is more important than ever. You may have also discovered that it's much easier to keep an accurate, on-going record of income and payments than to try and recreate it later. To get off to a good start this year we strongly urge you to do the following:



Use the "Club Financial Records" forms found on our website at <http://bayfield.uwex.edu/4-h-youth-development/>. If you use the Excel document the math is done for you! Treasurers can type in and save this document to their own computers.

Start your records as of July 1, 2015. July 1, 2015– June 30, 2016 is the period of activity that will need to be audited next year. We need to get in the habit of using these dates.

Treasurers need to work closely with an adult who can help them understand how to do their job and the importance of it to their club as a whole.

Remember that financial records

tell a story about what your club values and supports. Add enough detail to the lines to explain where the money came from or why it was paid out. If money is paid to an individual, tell why (i.e. camp scholarship, reimbursement for supplies, etc.).

We know you are all good stewards of the money in your treasuries and keeping detailed records takes some work, but in the end, remember it teaches us all about handling money and being accountable, life lessons worth learning.

Keep In Touch!

Surface mail, email or phone calls are all good ways to contact us. We look forward to hearing from you!

When you call our office at 373-6104 you will hear a recorded message and can reach our extensions as follows:

Ian Meeker	Ext. 3
Donna Ganson	Ext. 4
Karen Bade	Ext. 0

Email addresses:

ian.meeker@ces.uwex.edu
donna.ganson@ces.uwex.edu
karen.bade@ces.uwex.edu

Teaching Kids to Practice Gratitude

Everyone can benefit from making an effort to practice gratitude every day. These 3 steps can help you start feeling more grateful, and appreciative of the good things in your life:

1. Notice good things, look for them, appreciate them.
2. Savor, absorb, and really pay attention to those good things.

Express your gratitude to yourself, write it down, or thank someone.

Notice the Good Things in Your Life

Start to notice and identify the things you are grateful for. Tune in to the small everyday details of your life and notice the good things you might sometimes take for granted.

Try these ideas:

Each day, think of 3 things you are grateful for. Nature. People. Community. Shelter. Creature comforts like a warm bed or a good meal. It's amazing what you notice when you focus on feeling grateful.

Start a gratitude journal. Making a commitment to writing down good things each day makes it more likely that we will notice good things as they happen.

Practice gratitude rituals. Some people say grace before a meal. Pausing in gratitude before eating doesn't have to be religious. It's a simple habit that helps us notice and appreciate the blessing of food on the table.

Once you're aware of the blessings of everyday life, the next step is to savor them.

Savor the Feeling of Gratitude

There are moments when you naturally, right then and there, feel filled with gratitude. These are moments

when you say to yourself, "Oh, wow, this is amazing!" or "How great is this!"

Pause. Notice and absorb that feeling of true, genuine gratitude. Let it sink in. Soak it up. Savor your blessings in the moment they happen.

Express Gratitude

Expressing gratitude is more than courtesy, manners, or being polite. It's about showing your heartfelt appreciation. When you thank someone, you're also practicing the first two gratitude skills: you've noticed something good, and you've genuinely appreciated it.



I'm Grateful for...

- Family members who care
- A warm coat on a cold, windy morning
- A breathtaking sunset
- Fresh air on a crisp fall day
- The feeling of sand between my toes on the first day of vacation
- The way my dog greets me when I come home from school
- My friends and the way I feel when I'm with them
- A healthy brain that helps me make sense of those geometry proofs
- A fine-tuned body that helps me play my sport
- A history teacher who always makes the lesson interesting
- The food I'm about to eat, the people who grew or prepared it



Try this:

Show your appreciation to someone who did something nice. Say: "It was really kind of you to...", "It really helped me out when you...", "You did me a big favor when...", "Thank you for listening when...", "I really appreciated it when you taught me...", or "Thank you for being there when..." You also can write your gratitude in a letter.

Express gratitude by doing a kindness. Gratitude might inspire you to return a favor, or act with kindness or thoughtfulness. Or you might see a situation when you can "pay it forward." Hold the door open for the person behind you, even if it means waiting a little longer than you normally would. Do someone else's chores without letting the person find out it was you. Notice how you feel afterward!

Tell the people in your life how you feel, what they mean to you. You don't have to be mushy or over-the-top. We all have our own style. But if you say what you feel in the right tone at the right moment, even a simple, "Mom, good dinner. Thanks!" means a lot.

True gratitude doesn't leave you feeling like you owe other people something — after all, if you've done someone a favor, you probably don't want the person to feel like you expect something back in return. It's all about feeling good and creating a cycle of good.

Article from KidsHealth.org



We at Gitche Gumee 4-H have come to truly appreciate the sharing and help that our friends and local businesses have so generously given. Their support has made our 61st Annual Oulu Halloween Carnival a huge community success! Join us in saluting our 4-H friends, neighbors and local business partners.

ASHLAND

- True Value
- Ashland Ford/Chrysler
- Sherwin Williams
- Napa Auto Parts
- Associated Bank
- United Ag
- Tractor Supply
- New England Store
- Huhn Drug
- Designer Outlet
- Ace Hardware
- Bob's Factory Outlet
- Little Caesar's
- Hugo's Pizza
- Breakwater Restaurant
- Ashland Family Restaurant
- New China Restaurant
- Shoe Shack
- Axel's Saw & Tool
- Hallmark

BRULE

- Jayne Tuura
- Brule Motel & Campground
- Copp's Tire & Auto Service
- Kro Bar
- Twin Gables Restaurant
- Midland Services
- Ricky & Doris Tuura
- Dicky Tuura
- Oulu Glass
- Hope Lutheran Church

DULUTH

Wherley Moving & Storage Inc.

IRON RIVER

- Ryan & Francine Pyykola
- Oulu Log Builders
- Pizza Parlor
- Iron River Hardware Hank
- Boogies
- Iron River Building Center
- O'Brian's C-Store
- Parts City
- Idea Design
- Iron River Coop
- Tom's Hardware
- Chippewa Bank
- Security State Bank
- White Winter Winery
- Mare's Floral
- Bayfield Electric
- B's Busy Bakery
- Napa Auto Parts
- A&L Automotive
- This Old Bunk House
- Judy's Drift Inn
- Jim's Meat Market
- Little Store
- Robert's Pizza
- Rustic Roost
- Marcel Salon
- Battle Axe Saloon
- The Fig Leaf
- Big Baddy's Tee's

Northland Veterinary Services

- Lawler Dentistry
- D&D Performance Horse & Tastefully Simple
- The Shop

MAPLE

Maple Hill Feed

MASON

Bob Hamann Logging

POPLAR

Village Market

PORT WING

- South Shore Saloon
- The Port Bar & Restaurant

SUPERIOR

- Video Vision
- McDonald's
- Super One
- Domino's Pizza
- A&W
- Culvers
- Applebee's
- Pap Murphy's
- Taco Johns
- Laakso Concrete Construction

IMPORTANT DATES 2015-16



Event	For Whom	Location	Time	Start Day/Date
Annual Meeting	All	Washburn Elementary School Library	6:00 PM	Nov. 17
AHS Gear Wax and Prep	All	Ashland HS	4 PM	Nov. 5
Gear Check Out	High School	AHS	5:30—7:30 PM	Dec. 1
Gear Check Out	Middle School	AHS	5:30-7:30 PM	Dec. 1
Gear Check Out	Elementary & Adult	AHS	5:30-7:00 PM	Jan. 7th 2016
Recreational Skiing Begins	HS/MS	Tue. Ashwabab Thurs. Ashland	4:00 pm	Jan 12th , 2016
Recreational Skiing Begins	Ashland Elementary	Ashland MMC	3:45-4:30 pm	Jan. 8, 2016
Free Community XC ski	All	TBA	10:00 am	Jan. 9
Ashwabab Summit Race/Tour	All	Ashwabab	10:00 am	Sat. Jan. 30
Book Across the Bay – Waxing Service	All	BATB Expo Tent	11:00 am - 6:00 pm	Sat. Feb. 13
End of Year Club Pot Luck	All	Ashwabab	5:00 PM	Mar. 8, 2016
Gear Check-in	All	AHS	5:30-6:30 PM	March 10 March 15

How Do YOU Register for CANSKI

Register for 4-H CANSKI will take place on-line. For more information read the explanation on the other side of this brochure.,

Register On-Line and bring your payment to gear checkout or mail your payment to:

Treasurer 4H-CANSKI
201 West Main Street
Courthouse, Room 107
Ashland WI 54806



A partnership between
Ashland and Bayfield
County 4-H, local schools,
BART and the Ashwabab
Outdoor Education
Foundation
www.4hcanski.org

Programs

Ski Gear

4-H CANSKI offers four program HUBS:

Asbland Elementary School

Washburn Elementary School (skate skiing)

Instruction: classic and skate recreational K-5th

Schedule: Fridays 3:45-4:30 pm

Start date: January, 15th 2016 (to ski)

Location: Ashland Hospital Trails

Contact: Betty Swiston (715)682-7625

bswiston@ourladycs.org

Our Lady of the Lake Contact:

Betty Swiston (715)682-7625

bswiston@ourladycs.org

Asbland Middle School

Instruction: classic & skate recreational and racing

Schedule: Tuesdays & Thursdays 4pm

Location: Tues - Ashwabay; Thu - Ashland

Start date: Tuesday, January 12, 2016

Contact: Nancy Marita (715)682-7087 (w)

nmarita@ashland.k12.wi.us

Washburn Middle School

Instruction: classic & skate recreational and racing

Schedule: Tuesdays & Thursdays 4 pm

Location: Tues - Ashwabay; Thu - Ashland

Start date: Tuesday, January 12, 2016

Ian Meeker (715)-373-6104 ext 249

ian.meeker@ces.uwex.edu

Asbland & Washburn High School

Instruction: classic & skate recreational & racing

Schedule: Tues - Ashwabay & Thu - Ashland 4pm

Location: Tues - Ashwabay; Thu - Ashland

Start dates: recreational January 12, 2016

Contact: Doug Liphart (715)682-7017 (w)

doug.liphart@ces.uwex.edu

Contact: Beth Reed (715)682-8385 (h)

breed@washburn.k12.wi.us

Gretchen Burke @ AHS Gretchen Burke

<gburke@sdak12.net>

Gear checkout policies:

- Priority is given to active youth members
- Gear available only during scheduled checkouts
- 4-H members assume replacement cost for lost or abused equipment
- Members must be registered prior to rental

Renters' responsibilities:

- Ski at least once a week with the club
- Attend a wax clinic
- Return gear on/ before the end of year gear return dates

4-H CANSKI encourages teen and adult members to purchase personal equipment after two years. Local shops give club discounts.

Recommended apparel:

- Hat and gloves or mittens *
- Wool or synthetic socks (not cotton or ankle socks)
- Long underwear or synthetic shirt (not cotton)
- Wind or snow pants, sweater or jacket (jeans or cotton pants not recommended)

* **Elementary skiers CANNOT ski without a hat or gloves/mittens**

2015-16 CANSKI Registration will take place online at:

<http://wi.4HOnline.com>

Families of members and adult leaders will need to register at this site (new feature) - 4-H CANSKI will appear in a club dropdown box during registration.

Limited online registration access will be provided at gear check out but members are encouraged to complete this prior to their arrival. Payment can be mailed to the Ashland UW Extension office or brought to the gear check out. Members not registered on the day of gear check out will need to register on site before they can check out gear.

Direct Questions to:

Doug Liphart Ashland County 4-H

715-682-7017

Ian Meeker Bayfield County 4-H

715- 373-6104 ext 249



How Can I Help?

In 4H we all have something to give and something to receive. One good way to give is to be a project leader, maybe just for a small group of kids in your club or by extending yourself to kids in other clubs who don't have a project leader. Another way is to join other adult volunteers in planning and providing educational experiences for youth by participating on a county-wide committee. Where might you fit in? Contact us at the 4H office if you'd like to add your name to any of the following groups. (You can also let us know if you want to be removed from any of these committees.)

2015-16 Project Day Committee (new 2015)

Plan a County-wide Project Day, tentatively in March.

Anna Fridsma
Roger Branham
Sarah Pully

Awards, Recognition, and Records

Make decisions on awards program, member and leader recognition, achievement standards, and record books. Meet as needed throughout the year. Leaders Association vice-president chairs this committee.

Cindy Luzzatto – chair
Verne Gilles Kelli Tuttle
Kim Pearce Roger Branham
Pat Shields Julie Stipetich

Cloverbud

Help plan & conduct Cloverbud Day Camp or other Cloverbud events. Meet once for each event. All Cloverbud Leaders are encouraged to participate on this committee.

Anna Fridsma
Julie Lupa

Dairy Breakfast/Farm & Garden Show

Plan and assist with this spring event.

Verne Gilles- chair
Kim Pearce
Jeanette Vetter
Robyn Lulich

Equine Council

County-wide horse project committee. Offer ideas and coordinate educational activities for youth in the county horse program. Manage fundraising to help offset costs for youth activities beyond the county level. All horse project leaders and youth are a part of this committee.

Darla Lahti
Christine Beeksma
Teresa Rusch
Melissa Tonn

Food Booth

Plan and help out with food booth operations. Meet 2-4 times spring/summer (usually same night as Leaders meeting).

Anna Fridsma
Angie Jarecki
Julie Lupa
Verne Gilles

Horticulture

Plan & carry out Pumpkin/Sunflower contest and/or other events for the year.

Verne Gilles
Glory Bizub

Market Animal Sale

Officers are elected annually in November by the Market Sale members.

Shooting Sports – Air Rifle/ Pistol

Plan and coordinate county-wide project trainings and equipment needs. All Air Rifle leaders are expected to be a part of this committee.

Roger Branham
Nate Swanson
Jeremy Bates

Shooting Sports – Archery

Plan and coordinate county-wide project trainings and equipment needs. All Archery leaders are expected to be a part of this committee.

Ian Meeker
Jeremy Mueller

Topside

Oversee creation and management plan for 4-H Topside Lake Property.

Kim Pearce

Summer Camp

Representatives from Bayfield and Ashland Counties plan this summer camp. Meet about 4 times beginning in March or April.

Kim Pearce
Lynda Nedden-Durst

Sewing Camp

Choose a sewing project and help coordinate this February event.

Sandy Rau
Gina Emily



Bayfield County 4-H Leader's Association Minutes

November 16, 2015 7pm AERC

I. Call Meeting to Order

II. Pledges

III. Roll Call: Roger Branham, Clover Valley; Verne Gilles, Kim Pearce, Woodland Workers; Ian Meeker, Donna Ganson, 4-H office staff; Rebecca Crumb-Johnson, Pat Shields, Friendly Valley; Peggy Golly, Cindy Luzzatto, Gitche Gume; Sarah Pulley, Whittlesey Creek; Glory Bizub, Angela Jarecki, Julie Lupa, Ino Valley; Kelli Tuttle, Drummond Explorers; Susan Ostrenga, Whispering Pines; Saarah Pully, Whittlesey Creek

IV. **Secretary's Report:** Presented by Rebecca Crumb-Johnson Motion to approve: Glory Bizub Seconded: Kelli Tuttle. Report approved.

V. **Treasurer's Report:** Presented by Verne Gillis. Motion to approve: Angela Jarecki; Seconded Pat Shields. Report approved.

VI. Committee Reports & Correspondence

- Correspondence: Thank you note from Kelsie Shields for funding her trip to the fall forum
- Christine Beeksma attended a horse weekend. Came back with many ideas from the conference.

VII Old Business

- A. 4-H Enrollment: current enrollment has 182 members signed-up. Ninety leaders signed up. Numbers often go up as the year goes on. Reports regarding enrollment provided to club leaders.
- B. Fall Forum: Kim Pearce and Pat Shields reported on the forum. The theme was 4H Grows Here. Some are as that were presented: wind power, writing resumes, ice breakers/games for meetings, activities about how the brain works, motivational speaker encouraging the marketing of 4H. Involvement in the state teams were strongly encouraged.

VIII. New Business

- A. Review and approve budget: Budget items were discussed by the committee. Changes were made as needed. Expenses: \$32,794 Revenue: \$21,105 Motion to accept: Kelli Tuttle Seconded: Glory Bizub. Motion carried.
- B. Election of officers: Vice President: Cindy Luzatto was nominated Motion to close: Rebecca Crumb-Johnson Seconded: Pat Shields: Unanimous ballot moved by Kim Pearce and seconded by Kelli Tuttle. Motion carried. Treasurer nominations: Robert Branham nominated Verne Gilles and Kim Pearce seconded. Unanimous ballot moved by Kelli Tuttle, seconded by Angela Jarecki. Motion carried.
- C. Review calendar, committee sign-up and host sign-up. Calendar reviewed by committee and changes made as needed. Calendar will be revised as needed and voted on at next meeting. Get more project leaders and increase communication between leaders. Committees will be updated.
- D. 4-H County Wide Project Day: Possible March date. Pat Shields spoke with Jamie Ritter who said she would be interested in a photography project. Other ideas discussed: Poultry showing. Learning about 4H. Committee plans on meeting in December to start planning.
- E. Club Communication and Sharing Successes & Challenges.
- Space Camp Counselors: George and Joe Tuttle have applied to be counselors.
 - Mileage: current 35 cents per mile. Discussed increasing the mileage rate, tabled for next meeting. A motion was made to make a check to Kim Pearce to reimburse her mileage at 35 cents per mile. Motion to approve: Roger Branham Seconded the motion: Pat Shields. Motion passed.
- F. Other
- Dairy breakfast suggestions: advertise on business marquees, sell tickets ahead of time. The break

fast is scheduled for April 2, 2016.

- Sarah Pully: discussed recent rabbit event where 12 of their rabbits were stolen. Sarah asked word be spread to look for her rabbits. The rabbits are tattooed and can be identified. Messages will be sent to other rabbit leaders in the state.
- Friendly Valley will host the awards dinner in October, 2016.

IX. Adjourn:

January 18th Drummond will be hosting.at the Eileen Town Hall.

Motion to adjourn: Verne Gilles; Motion seconded: Kelli Tuttle Meeting Adjourned.

Bayfield County 4-H Visioning Session October 27th 2015

Attending: Eunice Laakso, Peggy Golly, Andy Tuttle, Marla Lahti, Christine Beeksma, Roger Branham and Ian Meeker. Group juggle Icebreaker and then we reviewed and prioritized the Success and Challenges list generated on 8/11/15 meeting at the Fairgrounds

Strengths of the Bayfield County 4-H Program:

- Character Building and Leadership that takes place in a variety of ways and measured by goal setting and Achievement within the program.
- "Natural Competitive Instinct" drives youth to prepare their projects for fair.
- Bayfield County Fair: still remains one of the best local county fairs in the state
- Larger 4-H Community: feeling that you are connected to a program larger than your club
- Opportunities for Service & Generosity: all clubs offer a variety of community service.
- Parent Involvement: 4-H member success has a direct link to active parental involvement
- Wide Variety of Projects: Supports 4-H members to pursue personal interests
- Project Based Learning: Opportunities to pursue personal interests and excel in their projects
- Intergenerational Leadership: The county program has several active 4-H project leaders and parents who were actively involved in the 4-H program as members.

Concerns of the Bayfield County 4-H Program:

- 4-H members and parents not prioritizing the program
- Sports Seasons & Schedule
- Older members not taking advantage of Leadership Opportunities
- Busy Schedules
- Members with no 4-H Background: New Members not understanding how the program works.
- Lack of Project Leadership: Variety of projects lack active adult project leaders

Ideas for Improvement and to Build Around:

- Improve Project & Club Communication
- Parent Involvement = Success in the program

**Bayfield County Extension Office
U.S. Department of Agriculture
Cooperative Extension Service
Courthouse, P.O. Box 218
Washburn, WI 54891**

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UW-Extension Bayfield County

Editors: Ian Meeker & Donna Ganson



Bayfield County 4-H Newsletter